

## 2009 NORTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 505 middle school students in North East Region during February of 2009. Frequency distributions may not total 505 due to non-response and percents may not total 100 percent due to rounding.

<i>Q-1. How old are you?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 10 years old or younger	0	0.0%
b. 11 years old	0	0.0%
c. 12 years old	57	11.4%
d. 13 years old	198	39.4%
e. 14 years old	213	42.4%
f. 15 years old	32	6.4%
g. 16 years old or older	2	0.4%
<b>Total</b>	<b>502</b>	<b>100.0%</b>

<i>Q-2. What is your sex?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Female	242	48.4%
b. Male	258	51.6%
<b>Total</b>	<b>500</b>	<b>100.0%</b>

<i>Q-3. In what grade are you?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 7th grade	230	46.0%
b. 8th grade	270	54.0%
<b>Total</b>	<b>500</b>	<b>100.0%</b>

<i>Q-4. Are you Hispanic or Latino?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	32	6.5%
b. No	464	93.5%
<b>Total</b>	<b>496</b>	<b>100.0%</b>

<i>Q-5. What is your race?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. American Indian or Alaskan Native	182	36.0%
b. Asian	11	2.2%
c. Black or African American	12	2.4%
d. Native Hawaiian or Other Pacific Islander	5	1.0%
e. White	337	66.7%
(More than one response allowed)	<b>Total</b>	<b>547</b>
		<b>108.3%</b>

<i>Q-6. When you ride a bicycle, how often did you wear a helmet?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I do not ride a bicycle	57	11.4%
b. Never wear a helmet	355	70.7%
c. Rarely wear a helmet	49	9.8%
d. Sometimes wear a helmet	21	4.2%
e. Most of the time wear a helmet	8	1.6%
f. Always wear a helmet	12	2.4%
<b>Total</b>	<b>502</b>	<b>100.0%</b>

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<i>Q-7. When you rollerblade or ride skateboard, how often did you wear a helmet?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not rollerblade or ride a skateboard	254	50.8%
b. Never wear a helmet	184	36.8%
c. Rarely wear a helmet	35	7.0%
d. Sometimes wear a helmet	14	2.8%
e. Most of the time wear a helmet	7	1.4%
f. Always wear a helmet	6	1.2%
<b>Total</b>	<b>500</b>	<b>100.0%</b>

<i>Q-8. How often do you wear your seat belt when riding in a car?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Never	36	7.3%
b. Rarely	63	12.8%
c. Sometimes	135	27.4%
d. Most of the time	156	31.7%
e. Always	102	20.7%
<b>Total</b>	<b>492</b>	<b>100.0%</b>

<i>Q-9. How often do you wear your seat belt when driving a car?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not drive a car	256	51.9%
b. Never	48	9.7%
c. Rarely	36	7.3%
d. Sometimes	34	6.9%
e. Most of the time	39	7.9%
f. Always	80	16.2%
<b>Total</b>	<b>493</b>	<b>100.0%</b>

<i>Q-10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 times	357	71.7%
b. 1 time	46	9.2%
c. 2 or 3 times	42	8.4%
d. 4 or 5 times	12	2.4%
e. 6 or more times	41	8.2%
<b>Total</b>	<b>498</b>	<b>100.0%</b>

<i>Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 times	463	93.2%
b. 1 time	17	3.4%
c. 2 or 3 times	8	1.6%
d. 4 or 5 times	3	0.6%
e. 6 or more times	6	1.2%
<b>Total</b>	<b>497</b>	<b>100.0%</b>

<i>Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	362	73.0%
b. 1 day	44	8.9%
c. 2 or 3 days	34	6.9%
d. 4 or 5 days	10	2.0%
e. 6 or more days	46	9.3%
<b>Total</b>	<b>496</b>	<b>100.0%</b>

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Q-13. During the past 30 days, on how many days did you carry a gun?	<u>Count</u>	<u>Percent</u>
a. 0 days	444	88.8%
b. 1 day	30	6.0%
c. 2 or 3 days	14	2.8%
d. 4 or 5 days	1	0.2%
e. 6 or more days	11	2.2%
<b>Total</b>	<b>500</b>	<b>100.0%</b>
Q-14. During the past 30 days, did you carry a weapon such as a gun, knife or club on school property?	<u>Count</u>	<u>Percent</u>
a. Yes	34	6.8%
b. No	466	93.2%
<b>Total</b>	<b>500</b>	<b>100.0%</b>
Q-15. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?	<u>Count</u>	<u>Percent</u>
a. 0 days	471	94.0%
b. 1 day	20	4.0%
c. 2 or 3 days	7	1.4%
d. 4 or 5 days	0	0.0%
e. 6 or more days	3	0.6%
<b>Total</b>	<b>501</b>	<b>100.0%</b>
Q-16. During the past 12 months, has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?	<u>Count</u>	<u>Percent</u>
a. Yes	36	7.2%
b. No	463	92.8%
<b>Total</b>	<b>499</b>	<b>100.0%</b>
Q-17. During the past 12 months, have you ever been in a physical fight?	<u>Count</u>	<u>Percent</u>
a. Yes	232	46.6%
b. No	266	53.4%
<b>Total</b>	<b>498</b>	<b>100.0%</b>
Q-18. During the past 12 months, have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse?	<u>Count</u>	<u>Percent</u>
a. Yes	14	2.8%
b. No	488	97.2%
<b>Total</b>	<b>502</b>	<b>100.0%</b>
Q-19. During the past 12 months, have you ever been in a physical fight on school property?	<u>Count</u>	<u>Percent</u>
a. Yes	92	18.4%
b. No	409	81.6%
<b>Total</b>	<b>501</b>	<b>100.0%</b>
Q-20. During the past 12 months, have you ever been bullied on school property?	<u>Count</u>	<u>Percent</u>
a. Yes	179	36.6%
b. No	310	63.4%
<b>Total</b>	<b>489</b>	<b>100.0%</b>

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Q-21. During the past 12 months, have you ever been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging?	<u>Count</u>	<u>Percent</u>
a. Yes	96	19.1%
b. No	406	80.9%
<b>Total</b>	<b>502</b>	<b>100.0%</b>
Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	<u>Count</u>	<u>Percent</u>
a. Yes	116	23.2%
b. No	384	76.8%
<b>Total</b>	<b>500</b>	<b>100.0%</b>
Q-23. During the past 12 months, did you ever seriously think about killing yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	92	18.4%
b. No	409	81.6%
<b>Total</b>	<b>501</b>	<b>100.0%</b>
Q-24. During the past 12 months, did you make a plan about how you would kill yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	63	12.6%
b. No	438	87.4%
<b>Total</b>	<b>501</b>	<b>100.0%</b>
Q-25. During the past 12 months, did you ever try to kill yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	41	8.2%
b. No	457	91.8%
<b>Total</b>	<b>498</b>	<b>100.0%</b>
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	<u>Count</u>	<u>Percent</u>
a. I did not attempt suicide	376	76.0%
b. Yes	29	5.9%
c. No	90	18.2%
<b>Total</b>	<b>495</b>	<b>100.0%</b>
Q-27. Have you ever tried cigarette smoking, even one or two puffs	<u>Count</u>	<u>Percent</u>
a. Yes	200	40.4%
b. No	295	59.6%
<b>Total</b>	<b>495</b>	<b>100.0%</b>
Q-28. How old were you when you smoked a whole cigarette for the first time?	<u>Count</u>	<u>Percent</u>
a. I have never smoked a whole cigarette	351	70.5%
b. 8 years old or younger	19	3.8%
c. 9 years old	16	3.2%
d. 10 years old	23	4.6%
e. 11 years old	22	4.4%
f. 12 years old	30	6.0%
g. 13 years old or older	37	7.4%
<b>Total</b>	<b>498</b>	<b>100.0%</b>

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<i>Q-29. During the past 30 days, on how many days did you smoke cigarettes?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	404	80.3%
b. 1 or 2 days	38	7.6%
c. 3 to 5 days	16	3.2%
d. 6 to 9 days	9	1.8%
e. 10 to 19 days	12	2.4%
f. 20 to 29 days	10	2.0%
g. All 30 days	14	2.8%
<b>Total</b>	<b>503</b>	<b>100.0%</b>

<i>Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I did not smoke cigarettes during the past 30 days	409	81.3%
b. Less than 1 cigarette per day	23	4.6%
c. 1 cigarette per day	26	5.2%
d. 2 to 5 cigarettes per day	34	6.8%
e. 6 to 10 cigarettes per day	7	1.4%
f. 11 to 20 cigarettes per day	2	0.4%
g. More than 20 cigarettes per day	2	0.4%
<b>Total</b>	<b>503</b>	<b>100.0%</b>

<i>Q-31. During the past 30 days, how did you usually get your own cigarettes?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I did not smoke cigarettes during the past 30 days	403	80.1%
b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	4	0.8%
c. I bought them from a vending machine	0	0.0%
d. I gave someone else money to buy them for me	29	5.8%
e. I borrowed them from someone else	24	4.8%
f. A person 18 years old or older gave them to me	4	0.8%
g. I took them from a store or family member	10	2.0%
h. I got them some other way	29	5.8%
<b>Total</b>	<b>503</b>	<b>100.0%</b>

<i>Q-32. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	54	10.8%
b. No	445	89.2%
<b>Total</b>	<b>499</b>	<b>100.0%</b>

<i>Q-33. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garret, Beechnut, Skoal, Skoal Bandits, or Copenhagen?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	459	92.0%
b. 1 or 2 days	22	4.4%
c. 3 to 5 days	6	1.2%
d. 6 to 9 days	3	0.6%
e. 10 to 19 days	4	0.8%
f. 20 to 29 days	3	0.6%
g. All 30 days	2	0.4%
<b>Total</b>	<b>499</b>	<b>100.0%</b>

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### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-34. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	476	94.8%
b. 1 or 2 days	17	3.4%
c. 3 to 5 days	4	0.8%
d. 6 to 9 days	2	0.4%
e. 10 to 19 days	0	0.0%
f. 20 to 29 days	1	0.2%
g. All 30 days	2	0.4%
<b>Total</b>	<b>502</b>	<b>100.0%</b>

<i>Q-35. Have you ever had a drink of alcohol, other than a few sips?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	222	44.8%
b. No	274	55.2%
<b>Total</b>	<b>496</b>	<b>100.0%</b>

<i>Q-36. How old were you when you had your first drink of alcohol other than a few sips?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never had a drink of alcohol other than a few sips	270	54.9%
b. 8 years old or younger	26	5.3%
c. 9 years old	11	2.2%
d. 10 years old	23	4.7%
e. 11 years old	35	7.1%
f. 12 years old	43	8.7%
g. 13 years old or older	84	17.1%
<b>Total</b>	<b>492</b>	<b>100.0%</b>

<i>Q-37. During the past 30 days, on how many days did you have at least one drink of alcohol?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	383	77.1%
b. 1 or 2 days	69	13.9%
c. 3 to 5 days	19	3.8%
d. 6 to 9 days	14	2.8%
e. 10 to 19 days	7	1.4%
f. 20 to 29 days	0	0.0%
g. All 30 days	5	1.0%
<b>Total</b>	<b>497</b>	<b>100.0%</b>

<i>Q-38. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	424	85.1%
b. 1 day	34	6.8%
c. 2 days	16	3.2%
d. 3 to 5 days	12	2.4%
e. 6 to 9 days	6	1.2%
f. 10 to 19 days	3	0.6%
g. 20 or more days	3	0.6%
<b>Total</b>	<b>498</b>	<b>100.0%</b>

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<i>Q-39. Have you ever used marijuana?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	108	21.8%
b. No	387	78.2%
<b>Total</b>	<b>495</b>	<b>100.0%</b>

<i>Q-40. How old were you when you tried marijuana for the first time?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never tried marijuana	397	80.2%
b. 8 years old or younger	18	3.6%
c. 9 years old	8	1.6%
d. 10 years old	7	1.4%
e. 11 years old	15	3.0%
f. 12 years old	20	4.0%
g. 13 years old or older	30	6.1%
<b>Total</b>	<b>495</b>	<b>100.0%</b>

<i>Q-41. During the past 30 days, how many times did you marijuana?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 times	421	85.2%
b. 1 or 2 times	32	6.5%
c. 3 to 9 times	14	2.8%
d. 10 to 19 times	11	2.2%
e. 20 to 39 times	2	0.4%
f. 40 or more times	14	2.8%
<b>Total</b>	<b>494</b>	<b>100.0%</b>

<i>Q-42. Have you ever used any form of cocaine, including powder, crack, or freebase?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	16	3.2%
b. No	481	96.8%
<b>Total</b>	<b>497</b>	<b>100.0%</b>

<i>Q-43. Have you ever sniffed glue or breathed the contents of spray cans, or inhaled any paints or sprays to get high?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	85	17.1%
b. No	413	82.9%
<b>Total</b>	<b>498</b>	<b>100.0%</b>

<i>Q-44. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 times	458	92.9%
b. 1 or 2 times	31	6.3%
c. 3 to 9 times	0	0.0%
d. 10 to 19 times	1	0.2%
e. 20 to 39 times	0	0.0%
f. 40 or more times	3	0.6%
<b>Total</b>	<b>493</b>	<b>100.0%</b>

<i>Q-45. Have you ever used steroid pills or shots without a doctor's prescription</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	16	3.2%
b. No	478	96.8%
<b>Total</b>	<b>494</b>	<b>100.0%</b>

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Q46 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

	<u>Count</u>	<u>Percent</u>
a. Yes	29	5.8%
b. No	468	94.2%
<b>Total</b>	<b>497</b>	<b>100.0%</b>

Q-47. Have you ever had sexual intercourse?

	<u>Count</u>	<u>Percent</u>
a. Yes	95	19.8%
b. No	386	80.2%
<b>Total</b>	<b>481</b>	<b>100.0%</b>

Q-48. How old were you when you had sexual intercourse for the first time?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	388	80.3%
b. 8 years old or younger	14	2.9%
c. 9 years old	1	0.2%
d. 10 years old	4	0.8%
e. 11years old	13	2.7%
f. 12 years old	17	3.5%
g. 13 years old or older	46	9.5%
<b>Total</b>	<b>483</b>	<b>100.0%</b>

Q-49. With how many people have you had sexual intercourse?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	398	81.2%
b. 1 person	44	9.0%
c. 2 people	17	3.5%
d. 3 people	10	2.0%
e. 4 people	7	1.4%
f. 5 people	2	0.4%
g. 6 or more people	12	2.4%
<b>Total</b>	<b>490</b>	<b>100.0%</b>

Q-50. During the past 3 months, with how many people did you have sexual intercourse?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	398	81.4%
b. I have had sexual intercourse, but not during the past 3 months	36	7.4%
c. 1 person	40	8.2%
d. 2 people	5	1.0%
e. 3 people	4	0.8%
f. 4 people	1	0.2%
g. 5 people	0	0.0%
h. 6 or more people	5	1.0%
<b>Total</b>	<b>489</b>	<b>100.0%</b>

Q-51. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	390	79.3%
b. Yes	30	6.1%
c. No	72	14.6%
<b>Total</b>	<b>492</b>	<b>100.0%</b>



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<i>Q-52. The last time you had sexual intercourse, did you or your partner use a condom?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never had sexual intercourse	395	80.4%
b. Yes	65	13.2%
c. No	31	6.3%
<b>Total</b>	<b>491</b>	<b>100.0%</b>

<i>Q-53. How do you describe your weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Very underweight	14	2.9%
b. Slightly underweight	52	10.7%
c. About the right weight	261	53.9%
d. Slightly overweight	130	26.9%
e. Very overweight	27	5.6%
<b>Total</b>	<b>484</b>	<b>100.0%</b>

<i>Q-54. Which of the following are you trying to do about your weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Lose weight	244	50.1%
b. Gain weight	46	9.4%
c. Stay the same weight	82	16.8%
d. I am not trying to do anything about my weight	115	23.6%
<b>Total</b>	<b>487</b>	<b>100.0%</b>

<i>Q-55. During the past 7 days, on how many days did you eat breakfast?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	60	12.5%
b. 1 day	33	6.9%
c. 2 days	35	7.3%
d. 3 days	41	8.5%
e. 4 days	31	6.4%
f. 5 days	45	9.4%
g. 6 days	37	7.7%
h. 7 days	199	41.4%
<b>Total</b>	<b>481</b>	<b>100.0%</b>

<i>Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	269	56.8%
b. No	205	43.2%
<b>Total</b>	<b>474</b>	<b>100.0%</b>

<i>Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	145	30.2%
b. No	335	69.8%
<b>Total</b>	<b>480</b>	<b>100.0%</b>

<i>Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	48	9.9%
b. No	437	90.1%
<b>Total</b>	<b>485</b>	<b>100.0%</b>

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Q-59. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

	<u>Count</u>	<u>Percent</u>
a. Yes	11	2.3%
b. No	472	97.7%
<b>Total</b>	<b>483</b>	<b>100.0%</b>

Q-60. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	<u>Count</u>	<u>Percent</u>
a. Yes	13	2.7%
b. No	471	97.3%
<b>Total</b>	<b>484</b>	<b>100.0%</b>

Q-61. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

	<u>Count</u>	<u>Percent</u>
a. I did not drink 100% fruit juice during the past 7 days	135	27.7%
b. 1 to 3 times during the past 7 days	169	34.7%
c. 4 to 6 times during the past 7 days	92	18.9%
d. 1 time per day	26	5.3%
e. 2 times per day	28	5.7%
f. 3 times per day	12	2.5%
g. 4 or more times per day	25	5.1%
<b>Total</b>	<b>487</b>	<b>100.0%</b>

Q-62. During the past 7 days, how many times did you eat fruit?

	<u>Count</u>	<u>Percent</u>
a. I did not eat fruit during the past 7 days	54	11.2%
b. 1 to 3 times during the past 7 days	200	41.4%
c. 4 to 6 times during the past 7 days	121	25.1%
d. 1 time per day	36	7.5%
e. 2 times per day	31	6.4%
f. 3 times per day	19	3.9%
g. 4 or more times per day	22	4.6%
<b>Total</b>	<b>483</b>	<b>100.0%</b>

Q-63. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite?

	<u>Count</u>	<u>Percent</u>
a. I did not drink a soda or pop during the past 7 days	74	15.2%
b. 1 to 3 times during the past 7 days	202	41.6%
c. 4 to 6 times during the past 7 days	92	18.9%
d. 1 time per day	35	7.2%
e. 2 times per day	39	8.0%
f. 3 times per day	14	2.9%
g. 4 or more times per day	30	6.2%
<b>Total</b>	<b>486</b>	<b>100.0%</b>

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### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-64. During the past 7 days, how many glasses of milk did you drink?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I did not drink milk during the past 7 days	43	9.0%
b. 1 to 3 glasses during the past 7 days	83	17.3%
c. 4 to 6 glasses during the past 7 days	80	16.7%
d. 1 glass per day	72	15.0%
e. 2 glasses per day	74	15.4%
f. 3 glasses per day	57	11.9%
g. 4 or more glasses per day	71	14.8%
<b>Total</b>	<b>480</b>	<b>100.0%</b>

<i>Q-65. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	47	10.0%
b. 1 day	41	8.7%
c. 2 days	55	11.7%
d. 3 days	59	12.5%
e. 4 days	50	10.6%
f. 5 days	72	15.3%
g. 6 days	27	5.7%
h. 7 days	120	25.5%
<b>Total</b>	<b>471</b>	<b>100.0%</b>

<i>Q-66. On an average school day, how many hours do you watch TV?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not watch TV on an average school day	43	9.0%
b. Less than 1 hour per day	90	18.9%
c. 1 hour per day	84	17.6%
d. 2 hours per day	105	22.1%
e. 3 hours per day	79	16.6%
f. 4 hours per day	37	7.8%
g. 5 or more hours per day	38	8.0%
<b>Total</b>	<b>476</b>	<b>100.0%</b>

<i>Q-67. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not play video or computer games or use a computer for something that is not school work	65	13.6%
b. Less than 1 hour per day	135	28.2%
c. 1 hour per day	71	14.8%
d. 2 hours per day	97	20.3%
e. 3 hours per day	46	9.6%
f. 4 hours per day	24	5.0%
g. 5 or more hours per day	41	8.6%
<b>Total</b>	<b>479</b>	<b>100.0%</b>

<i>Q-68. In an average week when you are in school, on how many days do you go to physical education (PE) classes?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	84	17.6%
b. 1 day	24	5.0%
c. 2 days	29	6.1%
d. 3 days	191	40.1%
e. 4 days	32	6.7%
f. 5 days	116	24.4%
<b>Total</b>	<b>476</b>	<b>100.0%</b>

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### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-69. During the past 12 months, on how many sports teams did you play?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 teams	124	26.2%
b. 1 team	102	21.5%
c. 2 teams	96	20.3%
d. 3 or more teams	152	32.1%
<b>Total</b>	<b>474</b>	<b>100.0%</b>

<i>Q-70. Have you ever been taught about AIDS/HIV infection in school?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	305	63.5%
b. No	91	19.0%
c. Not sure	84	17.5%
<b>Total</b>	<b>480</b>	<b>100.0%</b>

<i>Q-71. Has a doctor or nurse ever told you that you have asthma?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	87	18.1%
b. No	355	74.0%
c. Not sure	38	7.9%
<b>Total</b>	<b>480</b>	<b>100.0%</b>

<i>Q-72. Do you still have asthma?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never had asthma	317	67.7%
b. Yes	63	13.5%
c. No	49	10.5%
d. Not sure	39	8.3%
<b>Total</b>	<b>468</b>	<b>100.0%</b>